

## OUR LOCATIONS

Joondalup ~ Stirling ~ Ellenbrook  
Jandakot ~ Cockburn Central

# LOST DIRECTION?

It's okay, we're here to help.

Our Therapists can see you in the comfort of your aged care facility, at no cost.

Our psychological services are fully funded by the Australian Government.



**Providing  
Psychological  
Services in  
Residential Aged Care  
Facilities (RACFs)**

**Towards happier,  
healthier lives.**



## CONTACT US

1300 322 068

[www.directionpsychology.com.au](http://www.directionpsychology.com.au)



**AGED CARE**







## WHY FREE?



The WAPHA and Direction Psychology collaboration is a government funded initiative, to provide mental health care to our aged community.

RACF residents with, or at risk of developing, a mental illness are eligible. People with Dementia are not excluded, but must also have a comorbid diagnosis such as anxiety or depression.



## ABOUT US



Direction Psychology is a team of Psychologists and Social Workers, who genuinely care about the mental health and well-being of our aged community.

Owned and operated by Clinical Psychologist, and mum of three, Karen Huggett since 2008, Direction Psychology, in collaboration with WAPHA, aim to provide trusted support and guidance when needed.



## HOW WE HELP



We know that life can become more challenging as we age, and we aim to help you get through later life's ups and downs through tailored, evidence-based therapeutic techniques.

An RACF attending GP, Nurse Practitioner or Registered Nurse can refer you for our services. Referrals must be sent to:  
[agedcare@directionpsychology.com.au](mailto:agedcare@directionpsychology.com.au)